

## Worship Services

### Sundays

8:30am Traditional  
9:40 Education Hour  
10:45am Contemporary

## Office Hours

Parish Administrator in the office Tuesday, Wednesday, Friday

## Our Mission

With the assurance of God's faithfulness, we'll  
† nurture disciples,  
† extend healing and compassion, and  
† work for justice in our communities and throughout the world.

## Our Vision

Gathered by the grace and love of Jesus Christ, the people of Mt Zion commit to know God deeply and to serve God gladly through the many and diverse gifts given to us by the Holy Spirit.

## Marks of Discipleship

† **PRAY** daily  
† **WORSHIP** weekly  
† **READ** the Bible  
† **SERVE** at Mt Zion and beyond  
† Be in **RELATIONSHIP** to encourage spiritual growth in others  
† **GIVE** of my time, talents, and resources

**ALL ARE WELCOME!**



**Log in using the Adult Forum Meeting ID: 868 1235 8587**

**Passcode: 12012**

**Call in using the phone at 312.626.6799**

## Special Worship Services

The 2 Sundays of Christmas (yes – Christmas starts December 25, but it continues until January 5!) we will be worshipping with Lutherans throughout Greater Milwaukee using services put together by our synod leadership. These services highlight our global companion relationships. Just as Mt Zion is partners with Reformation Lutheran, our synod has partnerships that extend across the world. These Sundays we will celebrate those partnerships together.

**On December 27, we focus on the Lutheran Synod of El Salvador, and January 3, the Diocese of Meru in Tanzania.**



# Prison Ministry Recipients

## To the Members of Mt. Zion Lutheran Church,

Thank you for all the cards and letters this year. Especially with What is happening in the World today because of the virus. I recently heard someone say We pray for those in need. For those who seek jobs, shelter, food, health and love. May they meet their needs by your compassion and by their community's action." That is so true today.

You see how much people are helping are helping with what ever they can do for someone else. I thank them and pray for them.

Thank you for your service as well. God be with you always and may you all be safe this year and next.

God bless you all!  
Mark



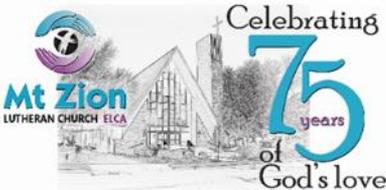
## To All at Mt Zion,

Merry Christmas to some very nice people. God bless you and Peace be with you all.



Sincerely,  
Jeff

## Save The Date!



Church Organization Day  
Sunday, April 11, 2021  
between services

**April 1946 – Church charter signed at Fisher School**  
Celebrate our church pioneers ...

The 75<sup>th</sup> anniversary committee has started to plan our celebration year. In the works: highlighting different ministries, previous pastors, recognizing charter members' descendants and concluding with a 75<sup>th</sup> celebration in September.

# This Week at Mt Zion

<p>Sun December 27</p>	<p>8:30a <b>Traditional Worship</b> <a href="https://www.youtube.com/mtzionlutheran">youtube.com/mtzionlutheran</a> Meeting ID: 841 6597 2335 password 12012</p> <p>10:45a <b>Contemporary Worship</b> <a href="https://www.youtube.com/mtzionlutheran">www.youtube.com/mtzionlutheran</a> Meeting ID 875 7308 8960 password 12012</p>
<p>Mon December 28</p>	<p><b>Office Closed</b> 7:00p <b>NA 12-steps group</b> alternate location while closed</p>
<p>Tues December 29</p>	<p><b>Office Closed</b> 12:00p <b>AA 12 Steps Meeting</b> continues virtually <i>If anyone finds Sméagol tell him I want my 5th golden ring back!</i></p>
<p>Wed December 30</p>	<p><b>Office Closed</b> <i>I've got a lot of eggs here from my 6 geese a-laying. Anyone want a few dozen?</i></p>
<p>Thurs December 31</p>	<p>12:12p <b>12 Minutes of Prayer</b> of <a href="https://www.facebook.com/">Facebook</a></p>
<p>Fri January 1</p>	<p><b>New Year's Day! Office Closed</b> 7:00p <b>ACA 12-Step Group</b> Meeting Remotely 7:30p <b>Essay 12-Step Group</b> Meeting Virtually</p>
<p>Sat January 2</p>	<p>8:30a <b>Women of Heart Bible Study</b> on Zoom Meeting ID: 849 6940 2756 Passcode: 12012</p>
<p>Sun January 3</p>	<p>8:30a <b>Traditional Worship</b> in-person and on YouTube 10:45a <b>Contemporary Worship</b> in-person and on YouTube</p>



## Faith Formation

Faith Formation programming will resume January 10.

This includes Sunday morning Youth Group, Adult Forum and Sunday School.

See you next year!

# Join the Justice Team!

Relational Voter Friends,

Thank you for your great work this year! As you know, Mt Zion greatly values justice (it's part of both our current and our proposed mission statements). Getting people out to vote is a major aspect of just. But there is so much more involved in justice, and it is ongoing work.

Two interrelated opportunities are coming up in January. One is in the morning on January 9<sup>th</sup> from MICAHA and WISDOM about community organizing. The other is in the morning on January 30<sup>th</sup> from GMSynod about leadership in the opioid crisis. Both of these events provide an opportunity to begin forming a justice team at Mt Zion, allowing us to continue engaging in justice going forward. As a congregation in MICAHA, we have been slow at building this team even though it's part of the promise of our membership.

After having done such a great job with relational voting, I am wondering if any of you would be interested in continuing the work in justice and helping Mt Zion engage in acts of justice going forward. Are any of you interested in becoming part of a permanent justice team, including in participating in one and/or both of the events listed above in January?

If that sounds like it might fit your passions, let me know. The time is ripe to create such a team.

**Pastor Tyler**

## Christmas Has a Heart



### **An Alternative Christmas Market The Mt Zion Outreach Ministry Team**



#### HOW TO DONATE

1. Donate online.
2. Mail donation directly to organization(s).
3. Send donation(s) through Mt Zion. Include donation designations.

**Sponsored by the Outreach Ministry Team of Mt Zion Lutheran Church**



# Science Tidbits

## *Venomous Research*

Every so often research results are so exciting that they engender hope for an effective treatment for particularly serious and stubborn medical conditions. This is the case for research this year stemming from Australia.



Those with cancer who undergo chemotherapy know how unpleasant this usually is. This is because, although the chemo-agents used for treatment usually target most strongly the abnormal cancer cells, healthy cells are not completely immune to its influence, leading to collateral damage. Side effects depend on the particular agent(s) used and may include extreme fatigue, nausea, diarrhea, loss of hair, extremity numbness (peripheral neuropathy) and blood clots.

For thousands of years, people have used bee venom as medicine, and most recently scientists have discovered that honeybee venom and its active ingredient, melittin, are toxic to melanoma, lung, ovarian and pancreatic cancers. Melittin is the component that causes the painful sensation of bee stings.

The most common cancer in women is breast cancer. There are two particularly aggressive types, triple negative and HER2-enriched, that are resistant to most chemotherapy efforts and have the poorest outcomes. Thus, researchers in Australia have studied the effects of melittin and honeybee venom on cell growth in these two cancer types. They found that both crude venom and purified melittin were extremely potent in killing both types of cancer. Moreover, they observed no negative effects on healthy cells.

These agents were able to kill cancer cells within 60 minutes by poking holes in their cell membranes. Used as a control, bumblebee venom had no effect. But the researchers found more. Within 20 minutes, melittin also disrupts cell signaling that is essential for cell growth and reproduction in the cancer cells.

These breast cancer cells are overloaded with receptors for growth factors that control their growth. Melittin prevents the interaction between these factors and the cell receptors, thereby turning off this communication system and terminating cell proliferation.

Because melittin pokes holes in cancer cell membranes, it is hoped that it can be used in combination with other chemotherapeutic drugs, promoting their entry into the cancer cells at lower concentrations that would lead to reduced drug side effects.

Yet another beneficial aspect of this therapy is that bee venom is readily available and at very low prices. The researchers write that “honeybee venom...offers cost effective and easily accessible treatment options in remote or less developed regions.” Further work is necessary to ascertain the safety and effectiveness of bee venom therapy for human breast cancer patients.

**Steve Downs**

# MICAH Yearbook



MICAH 2020 Yearbook available online

(print copies available at the Welcome Desk at Mt Zion):

<https://www.flipsnack.com/micahmke/micah-2020-annual-yearbook/full-view.html>

## Grace Notes Deadline Changing!

The deadline for anything needing to be printed in the Sunday, January 10 edition will need to be submitted to Jess by Tuesday, January 5. If you have questions, contact Parish Admin, Jess Monahan.

***Psst! Anyone can submit a photo, article, or announcement!***

## Welcome to Tithe.ly

Do you enjoy the convenience of giving online? Try our new giving service on the Mt Zion website or by download the Tithe.ly app by Your Giving, Inc.

Make your gift go further using ACH (bank transfers)

Did you know that every online gift comes with a small fee? But the fee for doing an ACH (bank transfer) is much smaller than the fee for donating by credit card?

If you give \$100 via credit card, \$2.65 will be charged to Mt Zion as a service fee. But if you give \$100 via ACH, the charge will be only \$0.75.



## Volunteer Schedule

Here are the people who are volunteering through in December and January

AV	Money stewards
Dec. 27: <b>Prerecorded</b>	Nancy and Engelhardt
Jan. 3. Douglas J	TBD
Jan. 10: Merry and Mitch	Morgans and Hexts
Jan. 17: Perrie and Doug	Pete, John, and Roy
Jan. 24: Matt and Ethan	Nancy and Engelhardt
Jan. 31: Erik and Abby	Tom, Jim, and Gary

# December Birthdays and Anniversaries

## Birthdays

Kenneth S 12/1  
Bradley S. 12/6  
Lorre G. 12/8  
Kelly R. 12/9  
Kay C. 12/11  
Perrie D. 12/13  
Ellie Y. 12/14  
Angella G. 12/16  
Mick C. 12/21  
Forrest D. 12/21  
Mark S. 12/21

Caroline W. 12/21  
Liz C. 12/23  
Mark J. 12/24  
Jennifer J. 12/24  
Baby Jesus 12/25  
Jean M. 12/28  
Heather T. 12/28  
Linda R. 12/31  
Nancy D. 12/31  
Susan M. 12/31

## Wedding Anniversaries

Jean and John M 12/19  
Derrick and Michelle G.  
12/29

## Scripture Readings for This Week

Isaiah 61:10-62:3 Psalm 148

Galatians 4:4-7 Luke 2:22-40

## Scripture Readings for Next Week

Jeremiah 31:7-14 Psalm 147:12-20

Ephesians 1:3-14 John 1: 10-18



## This Week's Prayer List



<https://bit.ly/3h9JY3R>



## Mt Zion Staff

### Pastor

**The Reverend Tyler D. Rasmussen**  
[pastor@mtzionlutheran.org](mailto:pastor@mtzionlutheran.org)

### Sunday School Superintendent

**Brenda Marciniak** (volunteer)  
[sundayschool@mtzionlutheran.org](mailto:sundayschool@mtzionlutheran.org)

### Parish Administrator

**Jess Monahan**  
[parishadmin@mtzionlutheran.org](mailto:parishadmin@mtzionlutheran.org)

### Organist

**Cynthia Johnson**  
[music@mtzionlutheran.org](mailto:music@mtzionlutheran.org)

### Office Volunteers

[reception@mtzionlutheran.org](mailto:reception@mtzionlutheran.org)

### Director of Choirs

**Patricia Eby**  
[Choirs@mtzionlutheran.org](mailto:Choirs@mtzionlutheran.org)

### Worship Volunteer Coordinator

**Janet McCarthy** (volunteer)  
[worshipvol@mtzionlutheran.org](mailto:worshipvol@mtzionlutheran.org)

### Contemporary Worship Leader

**Kristin Sponcia**  
[Contemporaryworship@mtzionlutheran.org](mailto:Contemporaryworship@mtzionlutheran.org)

### Youth Ministry Coordinator

**Perrie Dralle**  
[youth@mtzionlutheran.org](mailto:youth@mtzionlutheran.org)

### Website

**Pat Campbell**  
[Website@mtzionlutheran.org](mailto:Website@mtzionlutheran.org)

### Maintenance

**David Ulrichsen**  
[maintenance@mtzionlutheran.org](mailto:maintenance@mtzionlutheran.org)

### Social Media

**Douglas Johnson** (volunteer)  
[marydouglasjohnson@gmail.com](mailto:marydouglasjohnson@gmail.com)

## Leadership Board

### Matt Czervionke, President

[president@mtzionlutheran.org](mailto:president@mtzionlutheran.org)

### David Fohr, Treasurer

[Treasurer@mtzionlutheran.org](mailto:Treasurer@mtzionlutheran.org)

### Lynda Yanny, Vice President

[VP@mtzionlutheran.org](mailto:VP@mtzionlutheran.org)

### Sara Bailey, Secretary

[secretary@mtzionlutheran.org](mailto:secretary@mtzionlutheran.org)

Ian Koenig

Janet McCarthy

Jeremy Goss

Robyn Di Giacinto

Jean Morack

Mike Marciniak

Doug Dralle

Erik Peterson

Katie Frederick

Debbie Kleppek

Mavis Roesch



**Mt Zion** LUTHERAN  
CHURCH ELCA

12012 West North Avenue

Wauwatosa, WI 53226

(414) 258-0456

[parishadmin@mtzionlutheran.org](mailto:parishadmin@mtzionlutheran.org)



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