

Come and See!

Worship Services

Sundays

8:30am Traditional
9:40am Education hour
10:45am Contemporary

Office Hours

M T W F 9:00am–3:00pm
Thurs 9:00am–noon
or call for an appointment

Our Mission

With the assurance of God's faithfulness, we'll
† nurture disciples,
† extend healing and compassion, and
† work for justice in our communities and throughout the world.

Our Vision

Gathered by the grace and love of Jesus Christ, the people of Mt Zion commit to know God deeply and to serve God gladly through the many and diverse gifts given to us by the Holy Spirit.

Marks of Discipleship

† **PRAY** daily
† **WORSHIP** weekly
† **READ** the Bible
† **SERVE** at Mt Zion and beyond
† Be in **RELATIONSHIP** to encourage spiritual growth in others
† **GIVE** of my time, talents, and resources

ALL ARE WELCOME!

NEXT SUNDAY THERE WILL BE A CONGREGATIONAL

VOTE

NOVEMBER 10, 2019

9:40 TO 10:40AM

**THIS VOTE IS TO DECIDE
WHETHER OR NOT TO APPROVE THE
CALL COMMITTEE'S
CANDIDATE OF CHOICE.
VOTES WILL BE CAST BY PAPER
BALLOT AND TALLIED BY THE
LEADERSHIP BOARD.
ALL MEMBERS ARE ELIGIBLE TO VOTE.**

Memorial Service for Carol Libeck

It is with great sadness that we learned of the passing of Carol Libeck on Sunday, October 27th.

A memorial service for Carol will be held on December 5th. More information will be available soon.



Scripture Readings for this Week

Daniel 7:1-3, 15-18 Psalm 149

Ephesians 1:11-23 Luke 6:20-31

We Want to Hear From You

Do you have something you would like to add to the Grace Notes? Perhaps you have a picture from Mt Zion you would like to share with the congregation. Maybe you would like to write an article. Please contact Jess at mzparishadmin@wi.twcbc.com for more information or to submit something.

Meet and Greet!

Today, Sunday November 3rd from 9:40 to 10:40am.

It's the day you've been waiting for! Meet the Call Committee's Candidate of Choice in the Gathering Space.

Learn more about the pastor and enjoy some refreshments, too!



Looking ahead at the Mt Zion calendar


Thursday, October 31

- 9:00am Redemption Lutheran visit MTZ
 10:00am Reformation Community Bible Study [3806 W Lisbon Ave, Milwaukee]
 7:00pm Choir Rehearsal [Upper Room]

Friday, November 1

- 9:00am AFWA Book Sale [Fellowship Hall]
 5:00pm Rigsby/Pearson Rehearsal [Sanctuary]
 5:30pm Overeaters Anonymous [Rm 102]
 7:00pm ACA 12-step [Rm 212]
 7:30pm Essay 12-step [Rm 210]

Saturday, November 2

- 9:00am AFWA Book Sale [Fellowship Hall]
 9:00am Reconciling in Christ Congregational Summit [Mt Carmel]
 9:00am Music Lessons [Upper Room]
 10:00am Chinese American Class [classrooms]
 2:00pm Rigsby/Pearson Wedding 

Sunday, November 3

- All Saints Day
 8:30am Worship—Traditional
 9:40am Sunday School [Theater]
 9:40am Meet and Greet [Gathering Space]
 10:45am Worship—Contemporary
 11:00am Worship - Korean [Chapel]

Monday, November 4

- 7:15pm NA group [Fellowship Hall]

Tuesday, November 5

- 12:00pm AA 12 steps group [Room 211]

Wednesday, November 6

- 12:00pm Brown Bag Bible Study [Hearth Room]
 1:00pm Prayer Group [War Room]
 6:30pm Knightwind Ensemble Rehearsal [Fellowship Hall]

Thursday, November 7

- 8:00am Life line Screening [Fellowship Hall]
 10:00am Reformation Community Bible Study
 6:00pm Living your Best Life Seminar [Fellowship Hall]
 6:00pm Hand Bells Rehearsal [Sanctuary]
 7:00pm Choir Rehearsal [Upper Room]

Friday, November 8

- 5:30pm Overeaters Anonymous [Rm 102]
 7:00pm ACA 12-step [Rm 212]
 7:30pm Essay 12-step [Rm 210]

November Birthdays & Anniversaries

BIRTHDAYS

Mary Johnson	11/03
Judy Hutto	11/03
Kingston Martin	11/03
Adam Miller	11/04
Jim Zarek	11/04
Melissa Stuczynski	11/05
John Finn	11/05
Jason Fohr	11/05
Angela Riccaboni	11/06
Shelly Rusch	11/07
Barbara Matheus	11/07

ANNIVERSARIES

Mike and Brenda Marciniak	11/02
Steven and Jennifer Schroeder	11/13
Adam and Jessie Miller	11/18
Tom and Mary Cairns	11/21
Erik and Kay Huth	11/23
John and Linda Yanny	11/27
Kent and Margie Spicer	11/28



Fear District with Mt Carmel

The Mt Zion Youth teamed up with youth from Mt Carmel to brave three Haunted Houses in the Fear District outside the Fiserv Forum. The staff at Mt Carmel put the event together after strong lobbying from the youth at both Mt Zion and Mt Carmel. After we arrived, the moon began to rise, the ghouls were loosed and the District became a bone-chilling destination. Highlights included three 3,600-square foot haunted houses: Vampire Village, Dead Man's Wharf and Scare Acres. Each haunted area featured games, free photo stations and roaming scary performers. Sharp-toothed scarecrows, hungry vampires and zombie-pirates posed for photos and produced screams from the 7th-11th grade youth who attended.



Special thanks goes to the staff at Mt Carmel, Erin and her family for chaperoning and Erica for driving!

For the month of November, the youth have volunteered to cook breakfast for the guests during Tosa Cares! Additionally, the youth will work two Saturday mornings caring for Milwaukee's homeless with the "Mr. Bob's Under the Bridge" charity.



-Erik



Mr Bob's

Spaces are still available for Mr Bob's Under the Bridge November 16th.

Sign up to volunteer now! Youth and adult volunteers are welcome to pitch in! Help distribute clothing and hygiene products to Milwaukee's homeless population.

For both the November 9th and 16th dates, volunteers will meet at Mt Zion at 7:00am for donuts, coffee, and prayer before heading downtown.



Hand Bell Choir

Please consider joining us and making music to praise the Lord at Mt Zion!

Rehearsals are on Thursdays from 6 -7 in the sanctuary. Festival Bells plays for Sunday service about once a month.

For more information, email:

patricis811eby@gmail.com



Reminder

Please check the lost and found for any belongings you, your spouse, or your child may be missing. The lost and found bin is in the Gathering Space near the Reception Area doors. Items not picked up by Friday, November 22 will be donated. Thank you.





EXPAND CAPACITY TO GROW DEEP, IMPACTFUL FAITH . . .

This week in our stewardship drive for 2020 "Putting God's House in Order", we are talking about our ministry initiative of "Expand Capacity to Grow Deep, Impactful Faith". As a community we want our children and youth to experience God's grace, learn God's word, know Jesus, be filled with the Holy Spirit, and grow in the Christian faith. We also nurture disciples of all ages through weekly worship.

We'll achieve these goals by making improvements in the areas of children and youth and creative worship.

Read more about it here: https://www.mtzionlutheran.org/wp-content/uploads/2019/10/sas_insert2.pdf (Need a shorter link? Just type bit.ly/34fzlot into your browser.)

Get all the information on our fall stewardship appeal (including videos of last week's temple talks) in this blog on our website:

<https://www.mtzionlutheran.org/putting-gods-house-in-order/> (shorter link: bit.ly/32HNOce)

Life Line Screening

Life Line Screening, a leading provider of community-based preventive health screenings, is pleased to offer a preventive health event **at Mount Zion on 11/7/2019.**

Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis.



Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. There are three ways to register for this event and to receive a \$10 discount off any package priced above \$129, **please call toll-free 1-888-653-6441 or visit <http://lifelinescreening.com/communitycircle> or text the word circle to 797979.**

A Fresh Coat of Paint

The wall of the usher's station is now a bright, vibrant blue in the picture on the right. This was done to help promote community events happening in the area and improve our ability to connect with our faith partners. Improvements to the signage for the nursery will also be made in the near future to help the littlest ones and their parents feel even more welcome here!



Ministry Schedule C

	Nov. 3 Sunday 8:30 am	Nov. 3 Sunday 10:45 am	Nov. 10 Sunday 8:30 am	Nov. 10 Sunday 10:45 am	Nov. 17 Sunday 8:30 am
ACOLYTES					
ALTAR CARE	Norma Hollander		Nancy Schumacher		Norma Hollander
ASSISTING MINISTERS	Tom Ertel	Erik Peterson	Cynthia Rigsby	Sara Bailey	Andrea Cockerha
COMMUNION DEACONS	Norma Hollander and Volunteer		Douglas and Mary Johnson		Jim and Donna Zarek
GREETERS	Linda and Steve Haecker	Sandra Echols and Jack McDougal	Kent and Margie Spicer	Jim and Lisa McTaggart	Marika Moore and Matt Czervionke
LECTORS	Wendi Hall	Sara Bailey	Pete Peterson	Janet McCarthy	Gail Robinson
NURSERY	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available
USHERS	Jim & Donna Zarek Roger & Nancy Schumacher	Liz Casper and Dorothy Snead	Roy Durrenberg, Carl and Karen Engelhardt	Lauren and Jesse Campbell	Roy Durrenberg Larry Seefeld Susan Morgan
OFFERING STEWARDS <u>MONDAY</u>	1ST WEEK: Tom Ertel / Jim Goetzinger / Gary Goll		2ND WEEK: Tom & Pat Morgan / Brad & Pam Hext		3rd WEEK: Pete Peterson/John Lir Roy Durrenberg
AUDIO/VISUAL	The Johnson Family	The Peterson Family	Lynda Yanny and Ethan Cervionke	The Marciniak Family	Abby Sumiec

ur Church work! Thank you!

Oct. 27-Nov. 27, 2019

	Nov. 17 Sunday 10:45 am	Nov. 24 Sunday 8:30 am	Nov. 24 Sunday 10:45 am	Nov 27 Thurs 6:30pm	Dec. 1 Sunday 8:30 am	Dec. 1 Sunday 10:45 am
r		Nancy DiGiacinto		Nancy Schumacher	Ellyn Steinke	
m	Janet McCarthy	Linda Ertel	Liz Casper	Cynthia Rigsby	Tom Ertel	Lora Marheine
		Cynthia Rigsby and Wendi Hall		Jim and Donna Zarek	Chris Kress and Nancy Schumacher	
d e	Brenda and Katie Marciniak	Dick and Norma Hollander	Pat Campbel	Jim and Lisa McTaggart and Sherry Downs	Irene McCarthy and Hilda Rohr	Brenda Fogel
	Lora Marheine	Nancy Schumacher	Lora Marheine	Andrea Cockerham	Rich Robinson	Erik Peterson
y	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	
zy	Jim Yee and Liz Casper	Jim Stuczynski Roger and Nancy Schumacher	Dave and Vicki Nelson	Roger and Nancy Schumacher	Jim & Donna Zarek Roger & Nancy Schumacher	Jim Yee and Doro- thy Snead
e nk/ n		4TH WEEK: Nancy Schumach- er / Carl & Karen Engelhardt			1ST WEEK: Tom Ertel / Jim Goetzinger / Gary Goll	
	The Peterson Family	The Johnson Family	Janet McCarthy	Janet McCarthy	Lynda Yanny	The Marciniak Family

Mission of the Month

ELCA World Hunger

More than 800 million people — that's 1 in 8 people in our world today — are hungry.

As members of the ELCA, we are called to respond. We are a church that rolls up our sleeves and gets to work.

Working with and through our congregations, in the United States, Puerto Rico and the U.S. Virgin Islands Lutheran churches overseas and other partners, **ELCA World Hunger** is uniquely positioned to reach communities in need. From health clinics to microloans, water wells to animal husbandry, community meals to advocacy, your gifts to ELCA World Hunger make it possible for the ELCA to respond, supporting sustainable solutions that get at the root causes of hunger and poverty.

Hunger facts

- ◆ 868 million people – that's 1 in 8 – are chronically hungry and cannot lead active daily lives.
- ◆ 1.2 billion people live in extreme poverty, living on less than \$1.25 per day.
- ◆ In the United States, more than 50 million people do not know where their next meal will come from.
- ◆ 46.2 million Americans are living in poverty.



We are Church Together

Mount Zion leadership hosted a group of leaders from Redemption Lutheran on Thursday, October 31st. Redemption is selling their building and considering relocating to a congregation in the area. We wanted to let them know we were here for them if they thought we could be a good match for their needs. It was a very positive time shared between our congregational leadership and we will continue to be in dialogue as they discern what is next for their congregation. We look forward to imagining what our future together could look like as we walk with our friends from Redemption!



Congratulations!

Congratulations to Taylor Ulrichsen who has been accepted to Carthage College. She will be studying nursing through the direct entry program. This means Taylor will be able to begin her nursing program during her first year rather than wait until her junior year. Way to go!

CARTHAGE
COLLEGE

Holiday Heads-Up

As we continue to feast on trick-or-treat candy, let us continue the festivities and plan for the upcoming holiday season.

Thanksgiving

Wednesday Service 6:30pm with a pie social to follow

Christmas

Live Nativity Friday, December 13th

Nativity 5:00-6:45pm, 6:45pm a Skit, 7:00-7:30 Carols

Christmas Pageant Sunday, December 15th 9:30am ONE SERVICE

Christmas Eve Services (December 24th)

4pm—Family Service

9pm—Candlelight Service

For All You Gift Givers!

Yes, it's only the start of November but we've already had one major snow-fall. So, if you're eager to get some merry holiday shopping done, please remember to use Amazon smile!

The AmazonSmile Foundation donates .5% of the purchase price of the eligible products to the charitable organization of your choice (hopefully that's Mt Zion). To participate, go to smile.amazon.com

Sign-in to your existing Amazon account (or create an account if you are new to Amazon). You will then be prompted to choose your charity (Mt Zion Lutheran Church Wauwatosa) from the list of registered charities. On future visits the sit will remember your charity and apply eligible purchases to your total contribution.

Thank you!

A teal rectangular graphic with two hanging Christmas ornaments on the left: a striped one and a snowflake one. To the right, the text reads: "#1 holiday hack: When you buy your gifts at smile.amazon.com, Amazon donates. amazonsmile".

#1 holiday hack:
When you buy your gifts
at smile.amazon.com,
Amazon donates.
amazonsmile

Weekly Words

Rotation Sunday school

All children are welcome 3yr. to 5th grade 9:30-10:40am

Children will be dropped off and picked up at Holy Flicks Theater (2nd floor))

Jacob and Esau

Oct. 6-Nov. 10, 2019

This rotation schedule covers the lengthy story of Jacob and Esau (Part 1 and Part 2) over 5 weeks. Jacob and Esau's father, Isaac, is now old and blind. Isaac knows that his days are numbered so Isaac calls to his favorite son, Esau. "Go out hunting and bring me some game, prepare the food and when you return I will give you my blessing." Isaac's wife, Rebekah, hears this conversation and she calls her favorite son, Jacob. "This blessing will go to you, not Esau." Rebekah thinks, "that is how God intended it." Jacob, with his mother's help, tricks father Isaac and Jacob takes his brother's blessing. When Esau returns it is too late, the blessing has been given. Esau, in fury, vows to kill his brother. Jacob runs for his life. Jacob sleeps under the stars with his head resting on a rock for a pillow. God gave Jacob a dream where God tells Jacob, "know that I am with you and will keep you wherever you go. I will bring you back to this land, for I will not leave you until I have done what I have promised you." The story continues....

Memory Verse: "Then Jacob woke from his sleep and said, 'Surely the Lord is in this place-and I did not know it!'"

Genesis 28:16

Offerings

We ask your children to bring an offering on Sunday. The amount is not so important as training your child in the habit of giving and becoming generous. Envelope packets are outside the theater on the table free to take and use.



MARK THESE DATES!

Christmas practices start for our yearly Children's program Oct. 27th (First 1/2 hour)

Cool Yule Advent Wreaths Nov. 24th

Live Nativity Dec. 13th

Dec. 14th,(Sat.) 9:30-11:30 AM Christmas rehearsal. Lunch provided.
3and 4 yr olds come at 11 AM

Christmas Program is Dec. 15th

-Sherry

Science Tidbits



I'm sure that, like me, many of you get links to stories appearing on your desktop on a regular basis. I normally don't pay much attention to these, but one recently caught my attention and compelled me to look into the situation in more detail. The article was addressing the question: Why do zebras have stripes?

Science has been frustrated with this question for a long time. While many African animals sport stripes on their bodies, none are quite as impressive as those on the zebra. Some have proposed that the unique black and white pattern helps as camouflage to protect them from predators like lions and such. A more popular idea is that the stripes help in temperature regulation. Zebras are not as efficient as other animals in digestion, so they need to forage for food for longer periods in the hot sun. It is thought that the black and white areas of their bodies each heat to different temperatures and, in so doing, create small-scale breezes that help in cooling. But some researchers are skeptical. Said one: "I don't think that you would want to have a lot of black hairs along your back if you were trying to keep cool; it's kind of the last color that you'd want."

But the idea that really intrigued me was that the stripes deter flies. Zebras live in parts of the world where biting flies can deliver life-threatening diseases. Stripes presumably help by confusing flies and making it nearly impossible for them to land on the animals. But since zebras are hard to get close to in the wild, a fascinating study was carried out with horses to test the idea. Researchers filmed horse flies trying to land on horses that were wearing a variety of coats to see how different patterns affected fly/horse interaction.

The flies pestered all of the horses in the study, but once they got close, the zebra stripes seemed to bother the flies so much that they couldn't make a controlled landing. They either avoided the horse altogether or bounced off. Nevertheless, the flies had no problem landing on areas not covered by the coat. Apparently the coat is preventing the fly from realizing it is close to making a landing. Also, regular or parallel stripes don't deter the flies; rather, the effect lies in the irregular patterning unique to zebras. Tests are now being conducted with a wide variety of colors and patterns to better narrow down what is optimally effective.

Note: you have plenty of time to order your own zebra-patterned shirt before the next fly/mosquito season.

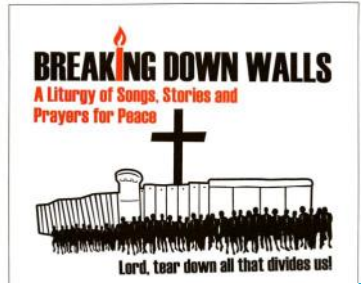
-Steve Downs

Upcoming Events

Breaking Down Walls

On Saturday November 9th, Faith Lutheran Church in Cedarburg will recognize the 30th anniversary of the fall of the Berlin Wall. Join the congregation for a candlelight liturgy of songs, stories, and prayers for peace at 6:00 p.m. Faith Lutheran Church, N35 W6621 Wilson Street, Cedarburg, WI.

All are welcome to join us.



Living Your Best Life *Series*



How would it be if your life got easier?

MUSIC-MESSAGE
Inspirational Conversation



GUEST SPEAKER

Cara Carón (Author)

Evolution of A Soul

"Eliminating Your Emotional Baggage"

SPECIAL GUEST MUSICIAN

Ed Lemberger (Singer/Songwriter)

THURSDAY, NOVEMBER 7, 2019

7:00-8:00pm

Tickets: \$20 Cash (Raffle Included)

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Exploitation through Harmful Images

Sharing the Responsibility in Preventing Harm

November 3rd

12:30 to 2:00pm

St Mary's Community Room, 225 S. Hartwell, Waukesha, WI

Free Event—Appropriate for ages 14 and older

Mt Zion Staff

Interim Pastor
The Reverend Joshua A. Graber
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Jean Morack

Lynda Yanny

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