

Come and See!

Worship Services

Sundays
8:30am Traditional
9:40am Education hour
10:45am Contemporary

Office Hours

M T W F 9:00am–3:00pm
Thurs 9:00am–noon
or call for an appointment

Our Mission

With the assurance of God's faithfulness, we'll
† nurture disciples,
† extend healing and compassion, and
† work for justice in our communities and throughout the world.

Our Vision

Gathered by the grace and love of Jesus Christ, the people of Mt Zion commit to know God deeply and to serve God gladly through the many and diverse gifts given to us by the Holy Spirit.

Marks of Discipleship

† **PRAY** daily
† **WORSHIP** weekly
† **READ** the Bible
† **SERVE** at Mt Zion and beyond
† Be in **RELATIONSHIP** to encourage spiritual growth in others
† **GIVE** of my time, talents, and resources

ALL ARE WELCOME!



MT ZION YOUTH
PRESENTS

LOCK-IN

Friday, October 11
7:00pm

What are we up to?

- Try out improv theater and theology with Pastor Josh
- Rock out with the youth band
- Chow down on pizza!
- Discover video production and make worship training videos
- Learn about prison ministry
- Play games including spooky hide and seek

All MTZ youth
welcome

We have room for plenty more youth so please double check with your youth and let us know!

The Gathering Space worked well for the text study portion of "One People of God". For more reflection on the event check out page 10!



Fall Clean-Up



We will be having our Fall cleanup day on
Sat October 26th at 8:00am.



Contact Kurt Kleppek for more information.

Second Offering?

Due to our Stewardship for All Seasons Appeal, we will not collect a second offering for October, November or December. If you would still like to make an additional contribution, please consider donating to the following: college care packages (page 4); anti-racism training (page 13); or the fruits and veggies drive (page 8)!

Scripture Readings for this Week

Habakkuk 1:1-4; 2:1-4

Psalm 37:1-9

2 Timothy 1:1-14

Luke 17:5-10

Tosa Cares

Did you know?

Tosa Cares is the Gilles Frozen Custard Charity of the Month
For October!

"What a great excuse to go to Gilles!"



Looking ahead at the Mt Zion calendar

Thursday, October 3

10:00am Reformation Community Bible Study
7-8:30pm Choir rehearsal [Upper Room]

Friday, October 4

5:30pm OEAnonymous 12-steps group [Room 102]
7:00pm ACOA 12-steps group [Room 100]
7:30pm Essay 12-steps group [Rm 210]

Saturday, October 5

8:00am Tosa Cares Distribution
8:30am Women of Heart bible study [Conference Room]
9:00am Music Lessons [Upper Room]
10:00am Chinese American Class
2:00pm NA Speak-a-Thon [Fellowship Hall]

Sunday, October 6

8:30am Worship—Traditional
9:40am Education Hour [Classrooms and Upper Room]
10:00am Celebration Sunday [Reformation Lutheran Church]
10:45am Worship—Contemporary
11:00am Worship - Korean [Chapel]

Monday, October 7

7:15pm NA 12-steps group [Fellowship Hall]

Tuesday, October 8

12:00pm AA 12 steps group [Room 211]

Wednesday, October 9

12:00pm Brown Bag Bible Study [Hearth Room]
1:00pm Prayer Group [War Room]
6:00pm SAS meeting [Conference Room]
6:30pm Knightwind Ensemble [Fellowship Hall]

Thursday, October 3

10:00am Reformation Community Bible Study *
7:00pm Choir Rehearsal [Upper Room]

Friday, October 4

5:30pm OEAnonymous 12-steps group [Room 102]
7:00pm ACOA 12-steps group [Choir Room]
7:00pm Essay 12-steps group [Rm 210]

* Reformation Community Bible Study is held at 3806 W Lisbon Ave, Milwaukee

September/October Birthdays & Anniversaries

BIRTHDAYS

Adam Fritsch	10/3
Joey Havlicek	10/4
Mitchel Casperson	10/4
Arlo Johnson	10/6
Wendi Hall	10/7
Charles Wahn	10/8
Zach Peterson	10/8
Lexi Goss	10/9
Brenda Marciniak	10/10

ANNIVERSARIES

Steve and Linda Haecker	10/5
Kendall and Brittany Hall	10/6
Greg and Linda Roberts	10/11
Andrew and Jennifer Johnston	10/13
Jim and Susan Yee	10/20
Jeff and Julie Babcock	10/22
Katie and Anthony Frederick	10/22
Bill and Angela Smith	10/28

College Care Packages

A care package sent to a college student can go far beyond what's inside. Care packages show love, effort and provide comfort that lasts throughout the school year.

We are looking to send the following items: gift cards to restaurants, gas stations, or coffee shops. We could send candy, cookies, or snacks!

Should we send a roll of quarters for laundry (do universities still use quarters?).

If you have suggestions or would like to help donate toward a care package please contact Jess in the Church Office! *We could use some help!*

mzparishadmin@wi.twcbc.com



Looking Ahead to November

November 9th and November 16

From 8am –10am

Mr. Bob's Under the Bridge — which serves the homeless community in the city of Milwaukee and surrounding communities.

Youth and adult volunteers needed!

Spaces Limited

Contact Erik Peterson

Grace Notes Gallery

It's not everyday a church receptionist casually says, "I have to go help Joe move the bodies." So, when that happens of course it's worth checking into.



See, and you thought being a receptionist was going to be boring!

More importantly, things are happening here in Mt Zion! We are organizing our spaces , taking stock of what we have (and what we can use), and looking ahead!

Book Sale

Wendi Hall is collecting books, CDs, DVDs, games, and puzzles for the AFWA used book sale November 1-3rd. All funds raised will go to provide local college scholarships. Your donations are needed by October 27th and can be brought to church or Wendi will pick up. AFWA is a qualified 501(c)(3) charitable organization and receipts will be provided. For more information or pick up, please call Wendi, 414-393-0880. Thank you!



Partners in Faith

Please Join our Friends at Reformation Lutheran Church

Event: Partners in Faith

Who: Members from Mt. Zion, Mount Carmel and Reformation

When: Monday, October 29 from 6 - 7:30 pm, carpool from Mt. Zion at 5:15

What: Converse, share a meal, share in faith under leadership of Pastor Marilyn Miller

Where: Reformation Lutheran Church - 3806 W Lisbon Avenue, Milwaukee

Help: Bring a Salad if you wish (Sign up in Gathering Area)



Fruits and Veggies Food Drive

Dear Mt Zion,

We're launching our food drive today to support Tosa Cares and we hope you will join us by making a healthy food donation. It couldn't be easier to do.



Visit our webpage

<https://amplify.amyourgood.com/user/campaigns/3304>

Pick out and purchase the food you would like to donate and it will be delivered directly to Tosa Cares once the drive is over.

People struggling with food insecurity also struggle with high rates of diet related health issues due to lack of access to healthy food. Our food drive is designed to help them with the kind of food they really need.

Thanks for your support!
Wauwatosa Health Department

This opportunity ends November 3rd!

Putting God's House in Order

What do hospitality, welcoming, children's and youth ministries, music, creative liturgy, and Mt. Zion's core ministries all have in common? Come to the adult forum on Sunday, Oct. 5, and find out!

Thanks to a generous donation, Mt. Zion, with the backing of the Synod and our Leadership Board, earlier this year enrolled in "Stewardship for All Seasons," a two-year program to lead congregations, pastors, and stewardship teams into effective stewardship ministry with a holistic, all-year, systematic emphasis.

In its year-round approach, SAS divides the year into four "seasons."

1. Season of Evaluation and Planning (January through March)
2. Season of Study (April through June)
3. Season of Preparation (May through September)
4. Season of Asking and Giving (September through December)

At the Adult Forum on Sunday, Oct. 6, the Stewardship Committee will provide a brief overview of SAS, the idea of Intentional Giving, and introduce the Ministry Initiatives that the Leadership Board has identified for 2020.



(They are planning to have popcorn)

Science Tidbits

Vaping has certainly been in the news lately. It was originally touted as a safe alternative to smoking, since it delivers nicotine without the cancer-causing tar that accumulates in the lungs from cigarette smoke. The practice has risen dramatically worldwide, from 7 million in 2011 to over 35 million several years ago, and originally considered safe, it has spread to ever younger audiences. But serious concerns have been raised over this smoking alternative, as medical personnel are scrambling to make sense of a rash of serious vaping-related lung illnesses. Though e-cigarettes have been sold for more than 10 years, it was only until this year that such complications have arisen. Otherwise perfectly healthy young adults are suddenly appearing in hospital emergency rooms with fast-developing pneumonia, and many users have developed acute respiratory distress syndrome, a life-threatening condition where fluid buildup in the lungs prevents adequate oxygenation of the blood. Permanent lung damage and even deaths are starting to mount. But what is going on?



A recent study was carried out in mice to address this issue. Mice were exposed for four months to one of four treatments: (1) vapor containing nicotine dissolved in common vaping solvents; (2) vapor coming from just the solvents minus nicotine; (3) regular cigarette smoke; or (4) air. This was comparable to years of smoking. As expected, mice exposed to cigarette smoke developed emphysema, but mice exposed to either type of vapor did not. However, when vapor-treated mice were examined further, immune cells isolated from their lungs showed a striking abnormality: the cells were clogged with fat. No such changes occurred in the smoke- or air-treated mice. This fat originated from the animal's own lungs, not the vapor administered to them. While it is not uncommon for immune cells to take up some of the fat that is contained in the fluid lining the lungs, the vapor hyperstimulated this behavior, sending it into overdrive.

In the second part of the study, mice from the four treatment groups were exposed to influenza virus, and only those exposed to vaping suffered serious infections. The scary bottom line: vaping increased the animal's susceptibility to pathogens like influenza, even without added nicotine. The lungs are designed to process air, not vapor, and we are beginning to see the consequences of the naïve assumption that vaping is an innocent, harmless activity. This realization, combined with the fact that criminals are adding further dangerous chemicals and drugs into vaping cartridges, makes this an activity that is in desperate need of regulation.

-Steve Downs

Ministry Schedule

	Oct. 6 Sunday 8:30 am	Oct. 6 Sunday 10:45 am	Oct. 13 Sunday 8:30 am	Oct. 13 Sunday 10:45 am	Oct. 20 Sunday 8:30 am
ACOLYTES					
ALTAR CARE	Wendi Hall		Norma Hollander		Nancy DiGiacinto
ASSISTING MINISTERS	Tom Ertel	Lora Marheine	Andrea Cockerham	Janet McCarthy	Linda Ertel
COMMUNION DEACONS	Douglas and Mary Johnson		Cynthia Rigsby and Wendi Hall		Donna Zarek and Nancy Schumacher
GREETERS	Pat and Suzy Morgan	Jim and Lisa McTaggart	Vince & Barbara Pipia	Brenda and Ryan Marciniak	Kent and Margie Spicer
LECTORS	Irene McCarthy	Lora Marheine	Katy Marciniak	Sara Bailey	Sherry Downs
NURSERY	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available
USHERS	Jim & Donna Zarek Roger & Nancy Schumacher	Liz Casper and Dorothy Snead	Roy Durrenberg, Carl and Karen Engelhardt	Lauren and Jesse Campbell	Roy Durrenberg Larry Seefeld Suzy Morgan
OFFERING STEWARDS <u>MONDAY</u>	1ST WEEK: Tom Ertel / Jim Goetzinger / Gary Goll		2ND WEEK: Tom & Pat Morgan / Brad & Pam Hext		3rd WEEK: Peter Peterson/John Lir Roy Durrenberg
AUDIO/VISUAL	The Johnson Family	Janet McCarthy	Lynda Yanny	The Peterson Family	Abby Sumiec

ur Church work! Thank you!

Oct. 6-Nov. 3, 2019

	Oct. 20 Sunday 10:45 am	Oct. 27 Sunday 8:30 am	Oct. 27 Sunday 10:45 am	Nov. 3 Sunday 8:30 am	Nov. 3 Sunday 10:45 am	
		Ellyn Steinke		Edie DiGiacinto		
	Liz Casper	Cynthia Rigsby	Jim McTaggart	Tom Ertel	Erik Peterson	
		Gail and Rich Robinson		Brenda and Katie Marciniak		
	Pat Campbel	Dick and Norma Hollander	Brenda Fogel	Linda and Steve Haecker	Sandra Echols	
	Jim McTaggart	Wendi Hall	Lora Marheine	Chris Kress	Sara Bailey	
	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	
	Jim Yee and Dorothy Snead	Jim Stuczynski Roger and Nancy Schumacher	Dave and Vicki Nelson	Jim & Donna Zarek Roger & Nancy Schumacher	Liz Casper and Dorothy Snead	
		4TH WEEK: Barb McMath / Carl & Karen Engelhardt		1ST WEEK: Tom Ertel / Jim Goetzinger / Gary Goll		
	The Marciniak Family	Abby Sumiec	Janet McCarthy	The Johnson Family	The Peterson Family	

One People of God Reflection

Mount Zion has been a Reconciling in Christ (RIC) congregation for 20 years, but when the synod first asked us whether we would be able to host the “One People of God” event, I was a little nervous about how it would go and how people would respond. I’m very grateful that our congregation was able to host this important event for our synod as it grows into its RIC identity. During a time of transition when Mount Zion has received a lot of help from our Greater Milwaukee Synod Staff while not sending as big an offering as we’d like, it is wonderful to give back in other ways. Offering the use of our beautiful building, located at the intersection of two freeways in the center of the metro area and ample parking space made us a good partner to host an event like this. I’m sure I don’t need to remind you people, but we are an attractive church for those reasons and more! And at the One People of God gathering we were able to shine as we welcomed around 200 pastors, laypeople and visitors from GMS and three other synods.

Our visitors really loved our space and gave us many compliments about hosting. Perhaps this will lead some of them to think of Mount Zion as a gathering place when other groups they are a part of may be looking for a space to rent for events. As I said in my sermon last Sunday, maybe Mount Zion can be known as such a gathering space for diverse groups now and in the future!

(Continued on page 12)



Mission of the Month

Lutheran Disaster Response

We are a church that is a catalyst, convener and bridge builder. Lutheran Disaster Response collaborates with other disaster response organizations and religious entities in the United States and around the world. This enables the greatest stewardship of resources and maximum impact of response. We are a welcome partner because we respect the perspectives and strengths of others.

We recognize that every disaster is local. Because of this, we believe every response needs to be rooted in the community; we work to accompany that community from immediate relief through long-term recovery. In our international work we partner closely with companion churches and other Lutheran and ecumenical relief agencies to make sure local needs are being addressed and met. In the United States, we work through our extensive affiliate network and other partners to address these same concerns.

Lutheran Disaster Response strives to help the church continue to be church in the midst of disaster — following Christ's call to bring hope and healing to our neighbor in need. Some key areas of work include:

- Providing emotional and spiritual care for people who have been affected by a disaster and for leaders who respond to a disaster
- Coordinating volunteers through our local affiliates
- Assisting refugees in a holistic way by meeting the varied needs of the community
- Promoting disaster risk-reduction by helping communities build their assets thereby reducing the effects of likely disasters
- Providing long-term recovery efforts by addressing the unmet needs months or even years after a disaster strikes

Bike Ride For Hope Results

Outreach for Hope's "Bike Ride for Hope" fundraising goal was \$100,000.

The results have been calculated and thanks to 365 riders, 15 virtual riders, 900 donors and 117 volunteers the bike ride raised:

\$129,154



“One People” Continued from page 10)

We've hosted synod events at Mount Zion before, but we haven't hosted many multi-day weekday events in recent memory. The synod's RIC team took care of food set up and volunteers for One People of God, but our staff really stepped up to help make sure the event was a success. This gathering gave us an opportunity to see what it takes to host events like this in the future and how to improve our planning and hospitality in the future. There were some last minute cleaning and adjustments this time, but people were very understanding and in the future we know what it will take to be even better prepared.

Even though I was often running around or keeping my eye on the door, the event itself seemed very meaningful and significant for the synod and all those who participated. I feel like we at Mount Zion created some sacred space for an important conversation about who churches welcome and how Scripture can be leaned on as uniting force more than a divisive tool.

I was very impressed with Austen Hartke and his deep understanding of the historical context of Scripture and the insights into the cultural implications of misinterpretations and implementations of certain texts that are used to back up cultural biases. The opening session on Monday night, “Exploring Gender Diversity in Biblical and Modern Contexts” brought in more 137 attendees and was obviously a subject that many people were drawn to.

I think like a lot of our guests last week, I participated in order to listen and better understand how our LGBTQIA+ siblings in Christ engage scripture and experience church. On Tuesday morning, Austen walked through what he calls “clobber texts” that are often a barrier for LGBTQIA+ people to fully participate in church. Then he went through the “affirming texts” in the afternoon and I realized that these weren't just text to help LGBTQIA+ people hear Scripture and know God's love for them, that we could pull out in certain circumstances, these are texts that invite all of us in... that remind us of God's nature and radical inclusion that invites us fully into relationship with an all powerful and merciful God.

Austen helped those who participated in his talks and text studies engage scripture in way that was very personal and wise. It felt like we were being drawn into God's intention for and invitation to Scripture. If the intention of Scripture is to reveal the good news, create deeper faiths and invite humans into conversation with God and one another, Austen's way of opening up texts, especially ones we thought we already knew, helped reveal the real people and places behind them. The line between sacred stories and our stories was more blurred.

These are texts and stories for all of us. They reduce the “us” and “them” traps of human judgment and lead us toward the affirmed “we” of a God of grace.

-Pastor Josh

Anti-Racism Training Opportunity

The Greater Milwaukee Synod's Anti-Racism Team

Invites you to participate in the next

Understanding & Analyzing Systemic Racism
Anti-Racism Workshop

Facilitated by Crossroads Trainers

October 24-26, 2019

Thursday (5:15 {Dinner} - 9:00 p.m.) Friday (8:30 a.m.- 6:00 p.m.) Saturday
(8:30 a.m.- 4:00 p.m.)

Site: St. Mary's Lutheran Church, 2001 80th St. Kenosha, WI 53140

\$200 for ELCA participants and \$250 for Non-ELCA participants

Cost includes materials, 1 Dinner, 2 Breakfasts, 2 Lunches, Snacks

Participation in Entire Training Required

It is recommended that a team participate from a congregation/institution for best results.



Interested in attending?

Are you able to sponsor a registration fee?

Mt Zion would like to cover half the cost of attending if the remainder of the \$100 is able to be covered through generous donations.

Another Chance to Hear Austen Hartke

Austen's greatest passion is helping other trans and gender non-conforming people see themselves in scripture.

And you have another chance to see Austen Hartke!

October 23, 2019

6-7:30pm

Union Fireside Lounge

UW-Milwaukee



Blood Drive Results

Our goal was to get 15 units of blood and we officially registered 18 donors and got 14 units blood. We only missed our unit goal by one unit and came in at 93% of our goal which is excellent! Had it not been for several deferrals, we would've exceeded our goal but most importantly, the 14 units of blood will go to help save 42 lives!

-Jim Yee



Colder Months Ahead



The weather is changing and Reformation's Neighborhood Store and Coffee Shop are looking for items for the cold months ahead. Donations can be placed in the marked bin upstairs from the Gathering Space or you can take them directly to Reformation, 3806 W. Lisbon Avenue in Milwaukee, Monday through Thursday, 9 a.m. to noon, and Saturday 1 p.m. to 3:45 p.m. If you have larger items or a lot to donate, contact Thaurra Stallings at Reformation, 414-444-0440, directly to make arrangements. Thank you for keeping our Milwaukee neighbors in your prayers.

Andrea Cockerham

262-308-0136

"Most Wanted List"

Lins: Bath/hand towels, washcloths, sheet sets, comforters/bedspreads, bed pillows

Home Goods: Small lamps, curtains/drapes, clocks, shower curtains/liners/rings, waste baskets

Accessories: Jewelry, purses, men's belts, sport caps, wallets

Kitchen: Pots and pans, utensils, towels, silverware sets

Small Appliances: Coffeemakers including Keurigs, microwaves, blenders, electric skillets, irons, deep and air fryers, toasters, large crockpots, flat screen TVs

Clothes: Infant, toddler and kids to size 8 (clothes, coats, boots); adult coats, underwear and new slippers

Hospitality Supplies for the Coffee Shop: Coffee, K-cups, creamer, sugar

Memorial Organ Recital for Virginia John



Saturday, October 12

1:00-3:00pm

Mt Zion Sanctuary

You are invited to honor the life of Virginia John with music played on Mt Zion's organ. Family, friends, and Pastor Josh will say a few words to honor Virginia and John Bicknell will perform several pieces on the organ. Through Virginia's generosity, the installation of the organ pipes was able to be completed. In addition to the organ, Virginia was a big supporter of great hats and a few of Virginia's own hats will be worn by family and friends during the recital.



Fall Concert

Knightwind Ensemble

"Symphony No. 3, The Great Spirit"

October 27th, 2019 | 3:00pm

South Milwaukee Performing Arts Center

ADMIT ONE

ADMIT ONE

Mt Zion Members—Get your complimentary concert ticket!

Just leave your name at the reception desk by October 18th!

Mt Zion Staff

Interim Pastor
The Reverend Joshua A. Graber
pastorjosh@wi.twcbc.com

Parish Administrator
Jess Monahan
mzparishadmin@wi.twcbc.com

Office Volunteer Coordinator
Chris Kress (volunteer)
caikress@yahoo.com

Worship Volunteer Coordinator
Janet McCarthy (volunteer)
ministry@wi.twcbc.com

Youth Ministry Coordinator
Erik Peterson

Maintenance
Jeff Parker
262-496-3781

Sunday School Superintendent
Sherry Downs (volunteer)
heckle@uwalumni.com

Organist
Cynthia Johnson
drewteach@aol.com

Director of Choirs
Patricia Eby
patricia.eby@uwc.edu

Contemporary Worship Leader
Kristin Sponcia
kristin.sponcia@gmail.com

Website
Pat Campbell
patcampbell@core.com

Social Media
Douglas Johnson (volunteer)
marydouglasjohnson@gmail.com

Leadership Board

Matt Czervionke, President
matt.czervionke@gmail.com

David Fohr, Treasurer
d4fohr@gmail.com

Sara Bailey, Vice President
sarabailey09@gmail.com

Katie Frederick, Secretary
frederick.katiee@gmail.com

Bella Burke

Doug Dralle

Debbie Kleppek

Erik Peterson

Lauren Campbell

Josh Graber

Janet McCarthy

Mavis Roesch

**Robyn
Di Giacinto**

Linda Haecker

Jean Morack

Lynda Yanny

Call Committee

Steve Downs

Erin McDougal

Tom Moore

Mavis Roesch

Refilwe Goll

Jim McTaggart

Cynthia Rigsby



12012 West North Avenue
Wauwatosa, WI 53226

telephone (414) 258-0456

Fax (414) 258-0230

www.mtzionlutheran.org

facebook.com/mtzionlutheran

mzparishadmin@wi.twcbc.com

instagram.com/mtzionlutheran