

Worship Services

Sundays

8:30am Traditional
9:40am Education hour
10:45am Contemporary

Office Hours

M T W F 9:00am–3:00pm
Thurs 9:00am–noon
or call for an appointment

Our Mission

With the assurance of God's faithfulness, we'll
† nurture disciples,
† extend healing and compassion, and
† work for justice in our communities and throughout the world.

Our Vision

Gathered by the grace and love of Jesus Christ, the people of Mt Zion commit to know God deeply and to serve God gladly through the many and diverse gifts given to us by the Holy Spirit.

Marks of Discipleship

† **PRAY** daily
† **WORSHIP** weekly
† **READ** the Bible
† **SERVE** at Mt Zion and beyond
† Be in **RELATIONSHIP** to encourage spiritual growth in others
† **GIVE** of my time, talents, and resources

**ALL ARE
WELCOME!**

Come and See!

Call Committee Update

The Call Committee is moving forward on schedule. This week it continues preparations for its mock interview, which will be held on Wednesday, June 26, 2019. On Tuesday, July 9, 2019, the committee will meet with Pastor Jennifer Arnold to receive the names of the pastoral candidates for Mt. Zion. Thereafter, the committee will begin scheduling interviews with all of these candidates (as we are required to do). Because some of the candidates may be already serving in other area churches, this process is highly confidential, the meetings are not open to the public, and the committee will not be able to share any information about the particular candidates under consideration. Once the committee selects a pastor to call, the committee will forward the candidate information to the leadership board who will ultimately ask the entire congregation to vote on whether to call the candidate.

If you have any questions about the process, please do not hesitate to speak to any member of the committee.

Altar Flowers



Today's Altar Flowers were provided by

Geoff and Wendi Hall



In honor of their 30th wedding anniversary.

Service for MariJo Scicero



It is with great sadness that we learned of the passing of Mari Scicero on Monday, June 3rd after a battle with ovarian cancer. Her joy, attitude, and generosity will be greatly missed at Mt Zion . Mari and Sue Jurgens' partnership and leadership at Mt Zion was a witness to and a gift to our congregation. We invite the Mt Zion community to join Mari's family and be present at her memorial service.

The service for Mari is set for Tuesday, June 18th at Mt Zion. Visitation with the family will be from 10am to Noon The service will begin at Noon.

Vacation Bible School

Vacation Bible School starts Today! During this week at Vacation Bible School, children will explore ways water plays an important role in helping us understand the kind and quality of God's love and the power and depth of Jesus' love.

Through songs, action rhymes, story dramatizations, science experiments, and water experiences, kids will:

- Taste the water of God's creation.
- Splash in the river water of Jesus' baptism
- Learn about the water cycle to help them understand God's forever love (the story of Jesus and the woman at the well).
- Discover that God made their bodies with amazing capabilities.
- Begin to trust that God sends loving people to care for them.
- Practice prayer, praise, gratitude, and sharing with others.

Dates: Sunday June 16 - Thursday June 20, 2019

Time: 5:00 - 5:30 - dinner together, 5:30 - 7:00 Vacation Bible School

Who: Ages 3 - entering 5th grade (everyone older is welcome to help)

Please Contact Sara Bailey

Call (414) 520-1616 or email sarabailey09@gmail.com



Looking ahead at the Mt Zion calendar

Thursday, June 13

All Day—Tosa Care Set Up
10:00am ReformComBible Study

Friday, June 14

8:00 –11:00 Tosa Cares Early Distribution
5:30pm OEAnonymous (Bread of Life Café)
7:00pm ACOA 12 steps group
7:00pm Essay 12 steps group (Bread of Life)

Saturday, June 15

8:00—Noon Tosa Cares Distribution
9:00am Music Lessons

Sunday, June 16

8:30 Traditional Worship
9:40 Semi-Annual Meeting
10:45 Contemporary Worship
11:30 Korean Worship
5:00 Vacation Bible School

Monday, June 17

5:00 Vacation Bible School
5:30 Exec Leadership Board
6:00 Leadership Board
7:15pm NA 12-step group meeting

Tuesday, June 18

12:00am AA 12-step group meeting
5:00 Vacation Bible School

Wednesday, June 19

8:30 Health Clinic at Courtyard
12:00pm Brown Bag Bible Study
1:00pm Prayer Group
5:00 Vacation Bible School

Thursday, June 20

10:00am ReformComBible Study
5:00 Vacation Bible School

Friday, June 21

5:30pm OEAnonymous (Bread of Life Café)
7:00pm ACOA 12 steps group
7:00pm Essay 12 steps group (Bread of Life)

Saturday, June 22

8:00am Tosa Cares Distribution
8:30am Women of Heart Bible Study
9:00am Music Lessons

Sunday, June 13

8:30am Traditional Worship
9:40am Fellowship Hour
10:45am Contemporary Worship
11:30am Korean Worship

*Reformation Community Bible Study
is held at their ministry location:
3806 W Lisbon Ave, Milwaukee*

June Birthdays & Anniversaries

BIRTHDAYS

Barbara Pipia 6/16
Christina Hulen 6/16
Jan Rada 6/17
Troy Johnson 6/17
Colt Bergeman 6/18
Pat Campbell 6/21
Donna Harder 6/22
Alex Hall 6/24
Jim Yee 6/25

Don Fox 6/29
Bridget Krienke 6/29
Keegan Krienke 6/29
Rich Dralle 6/30

Anniversaries

Geoff and Wendi Hall
6/17
Jesse Messerschmidt
and Kate Wagner 6/17

Karen and Carl
Engelhardt 6/23
Dick and Norma
Hollander 6/25
Dave and Lora Marheine
6/26
Kim and Sue Merriman
6/26
Chris and Jeb Bremer
6/26



HELLO MZY!

WHAT an amazing afternoon Sunday June 2nd was as MZY and our chaperones showed up, served and made new friends with kids and their parents at the Ronald McDonald House!

To all of our parents who stepped up and donated the "fixin's" for our cook out... to all who chaperoned in the kitchen and at the grill, to the hands that cut up the watermelon, and the cake (with amazing precision:) and to all who vacuumed, washed tables and chairs, to those who made new friends and spoke kind words or told jokes and kept us moving! - THANK YOU!

This group of young people (and the people who care for them) is special. It is an honor to serve alongside you!

We had our very first FRIEND OF MZY come and serve along side us too! A special shout out to Christine Layne who came and served with us!! Thank you Christine! Blessing to you all!

- Perrie Dralle, Youth Coordinator - MZY



WEEKLY WORDS

Rotation Sunday school

So what's next?

Celebration Sunday told the story of what life is like for your children on Sunday mornings. I hope you enjoyed our sharing of what we experienced this past year. Sunday school was *NEVER* this fun when I was a child! Rotation is a new way to tell the truths of God's word in many different ways and my hope is that through these various means God's love will "stick" with your child. Our Sunday school year will take a brief holiday as families and teachers will enjoy the warm sun and enjoy more "family time" and I will begin to plan next year's curriculum. We will resume classes in the fall, but let's not take a sabbatical from church this summer. Our "church family" is part of that "family life" we need to nurture.

Wildlife Safety

We can all be stewards of creation! Here are a few tips to help us enjoy and experience wildlife encounters safely.

Give Animals Plenty of Room



If you are too close to get a selfie, you are too close!

Consider you are in your own home and a stranger walks in to your kitchen, pulls up a chair, and starts taking pictures of you while you eat. The outdoors are the dining rooms of animals, so respect their need to eat and survive.

Protection through Appreciation

Some animals are feared or considered a nuisance. Bats, for example, might make you think twice about exploring a cave. But bats eat mosquitos and mostly keep to themselves if we go in a cave.

The more we understand and appreciate animals, and their habitats, the more likely we are to protect them.



Do Not Feed the Animals

It can be tempting to toss an animal scraps of table food or marshmallow. This is dangerous for everyone. Animals don't have toothbrushes so sugary food can rot their teeth and ultimately lead to death. Feeding animals by hand can invite them to approach humans, which could cause injury or illness to humans.

Hiking

When hiking, it is good to have a conversation with a friend, or sing a song out loud. This helps let animals know you are near so you don't startle them.

Also, consider your smell. If you have a strong perfume or some funky body odor, it might invite a critter to investigate.

You Can Still Support Tosa Cares



Ministry Schedule June

	June 9 Sunday 11:00 am	June 16 Sunday 8:30 am	June 16 Sunday 10:45 am	June 23 Sunday 8:30 am	June 23 Sunday 10:45 am
ACOLYTES	Misty Stewart	Ethan Czervionke		Griffin Sneller	
ALTAR CARE	Mavis Roesch	Ellyn Steinke		Edie DiGiacinto	
ASSISTING MINISTERS	Perrie Dralle	Andrea Cockerham	Lora Marheine	Tom Ertel	Liz Casper
COMMUNION DEACONS	Nancy Schumacher and Chris Kress	Brenda and Katy Marciniak		Chris Kress and Wendi Hall	
GREETERS	Irene McCarthy and Hilda Rohr	Pat and Suzy Morgan	Pat Campbell	Betty Casey Dick & Norma Hollander	Sandra Echols
LECTORS	Jim McTaggart	Nancy Schumacher	Sara Bailey	Sherry Downs	Perrie Dralle
NURSERY	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available
USHERS	Carl and Karen Engelhardt/ Roy Durrenberg	Roy Durrenberg Larry Seefeld Suzy Morgan	Jim Yee, Dorothy Snead, and Liz Casper	Jim Stuczynski Roger and Pat and Suzy Morgan	Dave and Vicki Nelson
OFFERING STEWARDS	2ND WEEK: Tom & Pat Morgan / Brad & Pam Hext		3rd WEEK: Pete Peterson/John Link/ Roy Durrenberg		4TH WEEK: Barb McMath / Carl & Karen Engelhardt
AUDIO/VISUAL	The Marciniak Family	Lynda Yanny	Janet McCarthy	The Johnson Family	Abby Sumiec

Church work! Thank you!

ne 16 -July 14, 2019

June 30 Sunday 8:30 am	June 30 Sunday 10:45 am	July 7 Sunday 8:30 am	July 7 Sunday 10:45 am	July 14 Sunday 8:30 am	July 14 Sunday 10:45 am
Misty Stewart		Mason Sneller		Misty Stewart	
Nancy Schumacher		Wendi Hall		Ellyn Steinke	
Chris Kress	Jim McTaggart	Cynthia Rigsby	Perrie Dralle	Andrea Cockerham	Sara Bailey
Carol Libeck and Rich Robinson		Mary Johnson and Gail Robinson		Donna and Jim Zarek	
Vince & Barbara Pipia	Pat Campbell	Kent and Margie Spicer	Pat Campbell	Linda and Steve Haecker	Bethany Neubauer
Irene McCarthy	Lora Marheine	Leyroy Peterson	Jim McTaggart	Lynda Yanny	Liz Casper
unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available	unstaffed nursery available
Roy Durrenberg Roger & Nancy Schumacher	Jim Yee and Dorothy Snead	Jim & Donna Zarek Roger & Nancy Schumacher	Jim Yee and Dorothy Snead	Carl and Karen Engelhardt/ Roy Durrenberg	Jesse and Lauren Campbell
1ST WEEK: Tom Ertel / Jim Goetzinger / Gary Goll		1ST WEEK: Tom Ertel / Jim Goetzinger / Gary Goll		2ND WEEK: Tom & Pat Morgan / Brad & Pam Hext	Jesse and Lauren Campbell
Lynda Yanny	The Marciniak Family	The Johnson Family	The Peterson Family	Abby Sumiec	Tea Dralle

Grace Notes Gallery

Do you have a Mt Zion photo you would like to have featured in the Grace Notes or on MTZ Facebook and Instagram? Email it to Parish Admin Jess Monahan or Social Media Volunteer Douglas Johnson!



“Last Week’s Bell Choir” - by Wendi Hall

June Mission of the Month:

Bus tickets are being put to good use at Reformation! Bus tickets are a part of the daily functioning of Reformation and its servanthood with the neighborhood. Bus tickets help individuals get to job interviews and employment, appointments with caseworkers or doctors, and travel to the grocery store or pharmacy. In some cases, bus passes are the only way students can get to school. Without Reformation, people would not be able to access jobs and education. The cost of transportation is high for those who live on so little! Costs are currently \$2.25 each for bus tickets, \$19.50 for a weekly bus pass, and \$72 for a monthly bus pass.



-Marge Johnson,
Ministry Coordinator

Congratulations!

Congratulations to **Kathryn Engelhardt** who earned a certificate for General Clerical Assistant at Waukesha County Technical College.



Grace Yanny will graduate from Wauwatosa West High School this Sunday. Her post high school plans are to Attend the University of Wisconsin - Whitewater and major in Music Education with an instrumental emphasis.



University of Wisconsin
Whitewater

Prison Ministry

From a letter by Antwan:

"Although it's 'only' a minimum, it doesn't take away from the fact that it's a prison! Full of despair, anguish, long suffering, racist officers, mental & physical abuse, and much more. All of the things I've experienced in maximum and medium prison alike. When people, "good people", experience this type of life, it makes them want to start programs or find jobs where they can help with prison prevention or prison reform. Animals on organic farms are treated better than we are. But, sad to say, that people get used to or shall I say accustomed to being treated the way we do. You have to or else being confined can break you mentally! They call it being 'institutionalized'. I've seen ~~any~~ many men come into this setting and not being able to handle it. Some got on medications that turn them into zombies so they can sleep their time away, some try to commit suicide, some succeed, and the rest become seg rats, which means that they constantly go back and forth to the hole in a never-ending state of isolation. Me personally, I straddle the line between sanity and insanity! It's very taxing sometimes to try and maintain mental continuity within the confines of this prison. I have to check myself daily to keep from losing my mind and going postal on other inmate or officers. I try to keep my goals and aspirations at the forefront of my mind to help keep me focused. I also have a mantra that I go by: 'Whatever I'm going through, there's someone in this world going through something worse.' When I look at my situation from this perspective, things don't seem so bad....."

Prayer List

Our prayer group meets on Wednesdays at 1:00pm in the Prayer War Room (the place with the comfy sofas next to the Upper Room in the north narthex) and prays their way through a long list of hopes, dreams, needs, and thanks. You can find this week's prayer list here:

<https://www.mtzionlutheran.org/wp-content/uploads/2019/06/Prayers-week-of-June-16-2019.pdf>

If you have a prayer request, please call or email the office. If you want to help lift these concerns to God, come to Mt Zion at 1:00pm on Wednesday and join us, or just pray about the things in this list on your own.

See insert for printed version of this week's prayer list!

Second Offering for June

The Second Offering for the month of June will go toward the cost of repairing one of the air conditioning units. This unit supplies the Hearth Room, Conference Room, Reception Area and surrounding hallways. Our goal is to raise \$8,000 for repairs.



Scripture Readings for this Week

Proverbs 8:1-4, 22-31

Psalm 8

Romans 5:1-5

John 16:12-15

Upcoming Commemorations

Friday, June 21st — Onesimos Nesib, translator, evangelist, died 1931

Onesimos was born in Ethiopia. Captured and taken as a slave to Eritrea, he was there freed by Swedish missionaries. He translated the Bible into his native Oromo and returned to preach there.

Science Tidbits



Many of you have heard that red grapes and red wine can provide important health benefits. You may have also heard of the compound responsible, resveratrol, present also in blueberries and peanuts, that reportedly protects us from neuron aging, cancer and cardiovascular events. Studies in rodents has shown reproducible protective effects against stroke, heart failure and hypertension, believed to be due to its antioxidant properties. However, this has not been established experimentally. In a recent study, researchers added resveratrol to mice with high blood pressure and then measured their blood pressure with implanted probes for 15 days. By the end of this period, they noted a significant drop of about 20 millimeters of mercury in the resveratrol-treated animals, the resulting blood vessel relaxation caused by oxidation of the protein PKG1a. These are the exact opposite of the effects predicted, that, instead of antioxidant effects, the compound led to protein oxidation. Surprisingly, and paradoxically, this may turn out to be a common feature of presumptive “antioxidant molecules.”

Importantly, the researchers were able to duplicate these results in human cell lines: smooth muscle cells isolated from human blood vessels exhibited the same oxidation response to resveratrol. But this does not mean that people should begin consuming red wine to get the same effect. Unfortunately, about 1,000 bottles of wine would have to be consumed daily to achieve the same effect because of the compound’s low solubility. It is doubtful that even the most ardent wine enthusiast could pull this off without at least a modicum of monetary and health “inconvenience.” But this study may lay the groundwork for devising ways to chemically alter the resveratrol molecule to facilitate more efficient delivery to the body or designing new, more potent chemically-related drugs that use similar metabolic pathways. (One important side note: this doesn’t necessarily mean you should stop drinking red wine in moderation.)

-Steve Downs

Next Mt Zion Book Club

June 24, 2019 at 7:00 pm

It is 1880 and Gracy Brookens is the only midwife in a small Colorado mining town, where she has delivered hundreds, maybe thousands, of babies in her lifetime. But everything changes when a baby is found dead...and the evidence points to Gracy as the murderer. She didn’t commit the crime, but clearing her name isn’t so easy when her innocence is not quite as simple, either. She knows things, and that’s dangerous.

Hosted by: Pat Campbell



July 22: The Handmaid’s Tale, by Margaret Atwood

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Josh Graber

Janet McCarthy

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Steve Downs

Erin McDougal

Mavis Roesch

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